



STORKNESTING AT LAKENHEATH



PREPARING FOR YOUR STORKNESTING STAY

Welcome to the storknesting program at RAF Lakenheath. We will try to make your stay here go as smooth as possible. We ask that you help us help you by looking over this information to assist you to prepare for your storknesting experience!

We need to know as soon as possible that you would like to storknest with us so we can give you all of the information you will need to initiate your orders and make any necessary arrangements.

Normally, your stay with us will be from the time you are 38 weeks pregnant until 2-3 days after delivery. So, begin to think about who will watch over things at home for you while you are storknesting.

In order to storknest here at RAF Lakenheath, you will need to have **ORDERS!** You will need a letter from the OB clinic at RAF Lakenheath stating you are eligible for storknesting **BEFORE** you go get your orders. If you are an AF member or dependant, the Storknesting TDY costs are paid by the MTF referring you. If you are an Army, Navy or Marine AD member or dependant, the member's unit is responsible for the Storknesting TDY costs. Discuss Storknesting with your OB provider and they will help you with the process. If you are active duty, you are responsible for keeping your supervisor informed of your request to Storknest.

The orders need to specify "OUTPATIENT" on them since you will not be reporting directly to the ward.

If you are an AD spouse and wish to accompany your wife, you will need permissive TDY orders. This is optional and at the discretion of your unit. For dependants and AD, it is your responsibility to schedule your appointments in the OB clinic. Your first visit will be with us at 36 weeks. You will then be given your letter requests to turn in to billeting and the sponsor's orderly room. Your next visit should be at 38 weeks (may be earlier at the provider's discretion), at which time you will begin your storknesting so come with all supplies.

ARRANGING ACCOMODATIONS

It will be your responsibility to arrange for billeting as soon as you know you will be storknesting at Lakenheath. The OB clinic at RAFL will give you an eligibility letter to give to the billeting office. You can fax the letter to them and they will assist you with the reservations. Once you have your orders, you can fax them to DSN 226-6717 or commercial (01638) 52-6717.

If billeting cannot accommodate you, they will help you make arrangements for you to stay at a near by off-base facility. If you call early enough, you should be able to get a room on base. Billeting is only required to provide room for the storknesting patient, so if you intend to bring your family, please be aware that family accommodations may not be available for your entire stay. Please take this into consideration when planning to storknest.

Important Phone Numbers

Commercial Prefix (01638)
52-XXXX

DSN- 226-XXXX

OB Clinic- ext 8010

L&D/Postpartum-
ext: 8386/8245

Billeting- ext 6700

Passport Office-ext 1210

TRICARE- ext 8688

Base Information:
226-1110

