

# What Can Be Recycled?

**Glass Bottles & Jars of all colors**  
**Food & Soda Cans, Tins, Foil Envelopes**  
**Junk Mail & Flyers**  
**Cardboard Egg Boxes**  
**Biscuit & Sweet Tins**  
**Plastic - Bottles Only (Types 1,2,3)**  
**(Please REMOVE bottle lids)**  
**Newspapers & Magazines**  
**Brochures & Directories**  
**Milk, Juice, & Cereal Cartons/Boxes**  
**Cardboard & Packaging Card**  
**Scrap Metal**  
**Inkjet/Toner Cartridges**

**NO Styrofoam**  
**NO plastic bags or packaging**  
**NO paint tins**  
**NO plastic toys**  
**NO shredded paper**  
**NO hazardous materials**  
**NO yogurt or margarine tubs**  
**NO cling film**  
**NO electrical equipment**  
**NO packing peanuts**



## More on Plastics.

Bottles and containers of grades 1, 2, & 3 of all colors can be recycled. Look at the bottom of the bottle for the recycling symbol with the number inside it. If it is 1, 2, or 3 we take it! Things like milk, shampoo, laundry detergent, and household cleaning bottles are taken. Please remove the lids, and please don't put plastic bags in the plastics recycling containers.

Most food containers and packaging are not accepted. If there is no recycling symbol or if the number is 4 or higher we don't take it! Plastic items other than bottles or containers (lawn chairs, toys, plastic wrap, etc.) are also not accepted.

Many plastic items are not recyclable, so try to avoid purchasing plastics. Look around at other packaging options before you buy.

**423 CES/CEAN**  
**268-3168**

## More on Textiles.

Textiles can be dropped off at the recycling drop off areas and include curtains, bedding (but no duvets or pillows please), towels, handbags, belts, and even soft toys, as well as clothes and shoes. If you live off-base, textiles are not accepted in domestic recycle bins.

As with any materials, reusing within your home has many benefits. Discarded sheets and holey t-shirts make excellent cleaning cloths, dusters, and auto rags. Old clothes, such as jeans, can be turned in handbags, cushion covers, rugs and quilts. Let your creative side come out and make something unique!

**Remember...**  
**Reduce and Reuse FIRST!!**  
**Then Recycle.**

**Recycling bins are available for**  
**Base Housing residents at CE**  
**Self-Help, Building 548.**

## RECYCLING DROP OFF AREAS

RAF Alconbury: 100 meters north of Bld. 613, near the Commissary.

RAF Molesworth: By the tennis/basketball courts.

# More on Recycling

Recycling in the UK already saves the equivalent in greenhouse gas emissions of taking 3.5 million cars off the road. That is because virgin materials that would otherwise be used in production are conserved and the waste recycled is not being sent to landfill. Landfill is the worst environmental option for much of the waste produced. The methane a landfill produces is a potent greenhouse gas – 21 times more potent than CO<sub>2</sub>.

So recycling is not just a “nice idea” – anyone who claims to be serious about climate change should support efforts to increase recycling.

**It is important to buy products made from recycled materials to keep the markets alive!**

**The following items can be made from recycled plastic:**

**Trash-can liners and re-useable shopping bags**

**Plastic bottles**

**Flooring and window frames**

**Building insulation board**

**Fencing and lawn furniture**

**DVD and CD cases**

**Seed trays**

**Fleeces**

**Filling for sleeping bags and duvets**

## REUSE!

Glass jars make great storage containers for leftovers, small toys, screws, bolts, or nails. Jars can also be re-used as drinking glasses.

Egg cartons can be used to start seedlings for the garden.

Plastic bags can be used for trash bags.

Use newspaper for cleaning mirrors & windows.

Newspaper can also be used for other cleaning jobs, packing material, odor absorber, & liter box liner.

## Does recycling make a difference?

The short answer is yes; even the smallest amount of recycling can make a difference:

- Recycling aluminum requires only 5% of the energy it takes to make new aluminum and produces only 5% of the CO<sub>2</sub> emissions.
- Producing steel from recycled material saves 75% of the energy needed to produce steel from virgin material.
- The energy saved from recycling one glass bottle will:
  - power a 100 watt bulb for an hour
  - power a computer for 25 minutes
  - power a TV for 20 minutes
  - power a washing machine for 10 minutes
- Recycling one plastic bottle saves enough energy to power a 60W light bulb for six hours.